

APPLYING FOR

THE DIVISION OF DEVELOPMENTAL DISABILITIES

The Division of Developmental Disabilities (DDD) provides lots of services to help you live independently in your community. They can help you make decisions about your health, where you live, and where you work.



CAN DDD HELP ME?

To get help from DDD, you need to:

1. APPLY

It is your choice whether you want to apply to DDD or not.

2. LIVE IN ARIZONA

You must be an Arizona resident to get DDD's help. If you live in Arizona most of the time, you are probably an Arizona resident.

3. HAVE A DEVELOPMENTAL DISABILITY

Developmental disabilities include cerebral palsy, epilepsy, autism, and intellectual (cognitive) disabilities. You will need paperwork from your doctor or school.

4. HAVE TROUBLE WITH DAILY LIVING SKILLS

Daily living skills are things you need to live independently and take care of yourself. They include things like:

- | | | |
|-------------------------------------------|---------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Communicating | <input type="checkbox"/> Moving around | <input type="checkbox"/> Making food for yourself |
| <input type="checkbox"/> Learning | <input type="checkbox"/> Cleaning yourself | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Making decisions | <input type="checkbox"/> Using the bathroom | <input type="checkbox"/> Working |



HOW DO I APPLY?

You need the following paperwork to apply for DDD:

APPLICATION

You can find the application on the Arizona DES Website:
https://des.az.gov/sites/default/files/DDD-1972_32919.pdf

BIRTH CERTIFICATE OR IMMIGRATION/ CITIZENSHIP DOCUMENTS

RECORDS FROM YOUR DOCTOR OR SCHOOL SHOWING YOU HAVE A DISABILITY

MEDICAL INSURANCE CARD (IF YOU HAVE ONE)

If you are not your own guardian, you will also need documents showing who is allowed to make decisions for you.

DDD has a checklist to help you keep track of which documents you need:
<https://des.az.gov/services/disabilities/developmental-disabilities/determine-eligibility>

If you have questions, please contact the Division at toll free 1-844-770-9500 or via e-mail at DDDApply@azdes.gov.

