

# APPLYING FOR VOCATIONAL REHABILITATION

Vocational Rehabilitation (sometimes called VR or Voc Rehab) helps people with disabilities get ready to work, find a job, or keep their jobs.

## CAN VR HELP ME?

To get help from VR, you **MUST**:

- Have a disability
- Have trouble finding or keeping a job because of your disability
- Not be able to get a job without VR's assistance
- Be able to benefit from VR's help



## REFERRAL

To get referred to VR:

- Call or visit your nearest VR office. A staff member will ask you some questions and complete a referral form for you.
- OR complete a referral form yourself and email it to the VR office.

TO CONTACT VR, CALL 1-800-563-1221  
TO FIND YOUR NEAREST VR OFFICE, VISIT [DES.AZ.GOV/RSA-CONTACT-INFORMATION](https://des.az.gov/rsa-contact-information)